



Travelling to Whitehorse Some Important Information



Very shortly we will be leaving for the Canada Games in Whitehorse. After all the training and preparation one of the most exciting weeks of your life will be here!

Before your competition starts we have travel to the Yukon! Travel day can be very long and full of many new and unexpected events. In order to make travel day as pleasant as possible please read and follow these points.

What flight am I on?

WEEK 1

Archery, Badminton, Men's Hockey, Ringette, Shooting, Speed Skating and National Artists Program will be leaving from:

- Pearson International Airport on Wednesday, February 21st
- WestJet Flight 677 departing at 19:45 from Terminal 3 *

Biathlon, Women's Curling, Freestyle, Judo, Snowboarding and Synchro Swimming will be leaving from:

- Hamilton International Airport on Thursday, February 22nd *
- WestJet Flight 833 departing at 18:45

WEEK 2

Women's Hockey and Squash will be leaving from:

- Pearson International Airport on Friday, March 2nd
- WestJet Flight 655/153 departing at 15:15 from Terminal 3 *

Alpine, Boxing, Cross Country, Men's Curling, Fencing, Figure Skating, Gymnastics, Table Tennis and Wheelchair Basketball will be leaving from:

- Pearson International Airport on Friday, March 2nd
- WestJet Flight 677 departing at 19:45 from Terminal 3 *

* When you arrive at the airport for **Week 1 or Week 2** flights, please look for the designated **Team Ontario/Canada Winter Games counter** at the terminal.

Complete flight listings are posted on the Team Ontario website: www.teamontario.info

Frequently Asked Questions (FAQs)

When do I have to be at the airport?

Three hours before departure unless your team manager/coach gives you instructions to be there earlier.

FAQs continued on page 2....

Frequently Asked Questions (FAQs) ... continued

What do I wear?

This is the first time you should wear your Team Ontario uniform. Jacket and red top are a must. You do not need to wear your black uniform pants or shirt but make sure you pack them. You will receive your Team Ontario black toque from your Manager at the airport.

What carry on baggage can I bring?

Your Team Ontario carry on gym bag which should include small toiletries e.g. toothbrush and paste, face wash and face cloth, hairbrush, sleepwear, change of underwear and clean T-shirt in case you don't get your luggage until the next morning. Amusements for the long plane rides such as books, magazines, walkman, etc. Check Transport Canada's website for specific information about what can and cannot be brought on board.

Visit: www.catsa-acsta.gc.ca/english/media/advisories_avis/liquids.pdf

What should I pack?

The Team Ontario handbook has a packing list, which has also been appended to this memo. Remember a pillow and towels, warm clothing and indoor shoes or slippers. If you have not already donated your ten gently used or new children's books for the Team Ontario Legacy project, put them in your suitcase. Ensure you leave room in your bag to bring home your new Columbia sleeping bag and back pack. You will only be allowed one item of carry on luggage on the way home. Wise travellers always put an ID tag on the outside and the inside of their luggage. You will get special Team Ontario luggage tags at the airport as well.

What do I do when I get to the airport?

Please check in with your team manager as soon as you get to the airport. They will give you luggage and equipment labels and further instructions. For Week 1 sports, with the exception of Judo, your Mission staff will be flying with you and are happy to help. For Week 2 sports there will be several Team Ontario helpers available.

What type of identification do I need?

You will need picture identification in order to get your boarding pass and again to pass through security. Driver's licenses, passports or picture health cards are excellent. School or transport ID cards along with a birth certificate will also be accepted.

Will I get fed?

There will be complimentary food service on the flights, but hungry athletes may wish to pack nutritious meals or snacks.

What happens when we arrive in Whitehorse?

When we arrive in Whitehorse, it will be 3:30 am our time! You will leave the plane and walk outside to buses on the tarmac. Stay with your team! You will only be responsible for your carry on luggage. Your checked baggage and equipment will be retrieved later.

The buses will take everyone to the Welcome Centre where you will receive your accreditation and room key and then be shown to your rooms. Please be considerate as there will already be many athletes in their rooms trying to sleep.

What next?

Arrange with your team Manager where and when you will meet the next morning and then get some sleep! Your week of experiences is just beginning!

PACKING LIST

CLOTHING		COMPETITION/TRAINING ITEMS	
Team Ontario uniform		competitive uniform	
undergarments		sports equipment	
long underwear		water bottle	
socks		personal sweat towel	
winter hat/scarf/mitts		PERSONAL ITEMS	
running shoes		photo i.d.	
winter boots		OHIP card	
PERSONAL CARE ITEMS		pillow (pillows will not be supplied by the host)	
toothbrush, toothpaste & floss			
deodorant		travel alarm clock/wrist watch	
soap		sunglasses	
shampoo and conditioner		small flashlight/reading light	
hair brush/comb		camera/film/extra digital cards	
towel & facecloth		books/magazines	
tissues		paper/pens	
sunscreen		combination lock	
moisturizer		address book	
hand sanitizer lotion*		phone calling card	
lip balm*		cell phone (note: Bell and Telus service only. Rogers service not available)	
MEDICATION AND PRESCRIPTIONS			
your prescription for glasses/contacts		MISCELLANEOUS	
medication list			
official T.U.E. form (Therapeutic Use Exemptions from CCES)			