

## Another Golden Day in Speed Skating!



Team Ontario speed skaters followed Saturday's outstanding showing with a triple gold finish on Sunday in both long track and short track events, taking three gold medals. The medal run started with Maddie Martin of Ottawa who clocked a 2:27.04 in the 1500 meter women's race. It was another very cold day on the oval at FH Collins but Maddie didn't let the temperatures and wind chill slow her down one bit.

Next it was Ivanie Blondin of Gloucester who set a Canada Games record on route to a gold medal in the 1500 meter short track event. Ivanie's record time was 2:27.690.

Nicholas Bean of Ottawa went to work next in a highly tactical race that saw him out skate athletes from Quebec and Alberta to take the gold in the men's 1500 meter event.



## Chef's Corner

Yesterday was an exciting day at the Games with 3 gold medals and a Canada Games record in Speed Skating. We also had very strong performances from our Ringette team and our badminton athletes. We know we're in for a very exciting rest of the week. We are extremely proud of how our athletes have conducted themselves on and off the field of play.



## Fair Play

### Manitoba

Team Ontario Long Track Speed Skating nominated Long Track Manitoba for a Fair play award.

At the beginning of the first race on Saturday February 23 (Men's 500), Landon Zeeman's skate broke and he was unable to race. Todd, the manager asked for transport to get him to Canadian Tire to buy a new bolt, but didn't need it because when Team Manitoba heard what the problem was they said they had the appropriate bolt and gave it to Team Ontario.

*Thanks Team Toba for your fair play!*

### Judo Coach

Kim Orr, Judo coach, has been nominated for a fair play award from helping out in the cafeteria. Kim noticed that the trays were piled high on tables in the cafeteria and she took the time to help the volunteers. She also got two of the female judo athletes to help out. Kim also gave a pin to one of the developmentally disabled volunteers.

Congratulations Kim, on your fair play example!



Team Ontario archers and many other sports will have a busy day on Monday as many competitions head into medal rounds. Be sure to check the schedule on the next page and try to get out to cheer your Team Ontario team mates.

### Team Ontario Medal Count

  
4



  
1

## Team Ontario Sport Shorts

### Saturday's Results

Ringette - ON 17 BC 2  
Hockey - ON 10 PEI 3

### Sunday's Results

#### Speed Skating

Gold - women's 1500m long track speed skating  
Gold - men's 1500m short track speed skating  
Gold - women's 1500m short track speed skating

#### Ringette

Ontario 11 Nova Scotia 1

#### Badminton

Jennifer Lam and Joycelyn Ko both from Team Ontario are competing for gold in the female singles final. Michelle Li is playing in the bronze medal match against Quebec. Team Ontario will also play for gold in the female doubles final featuring the sister duo of Stephanie and Jocelyn Ko versus Team BC.

### Team Ontario Website

We encourage athletes, friends and family to use the message board to exchange information and send best wishes to the teams who are competing for Ontario.

Check out the website for photos of each day's exciting events at [www.teamontario.info](http://www.teamontario.info)

### Around Town - A Whitehorse Fashion Statement

Team Ontario reporters bumped into a Whitehorse resident who had an unusual story about his hat. Apparently this gentleman came across a dead wolf on the highway one day. He brought it to a friend who fashioned it into quite an unusual fashion. Looks warm but does it bite?



### NAP News

Saturday Night was aLive with the NAPsters as they performed for each other in a monster jam session at the Guild, the performing arts facility in Porter Creek where they will be working on their creations for the next week and a half. Team Ontario's own Alex Sinclair and Joe Sargent opened the show playing their original song "Confused". Alex and Joe's outstanding performance set the tone for a wonderful evening of poetry, breakdancing, French Canadian gypsy music, a stand up comedy routine about a bad trip, storytelling about a Sunday night adventure in Charlottetown, monologues excerpted from theatre pieces, music performances featuring vocals, piano and guitar, and dance performances in various styles of dance. Waawaate Fobister from Team Ontario performed a moving traditional dance piece, accompanied by two of his new friends from Alberta who used the stage as a drum.

### Team Ontario Human Rights Advisors

(available 24 hours a day)  
Christine Craig - 334-9031  
Herb Gray - 334-9018

## What's On Today

### Archery

Porter Creek Secondary School  
9:30 - 1:00 p.m. preliminary - Women's /Men's Compound Bow



### Badminton

CGC Fieldhouse  
8:00 - 9:00 a.m. Warm-up  
9:00 - 12:00 p.m. M/L - Singles/Doubles/Mixed Doubles 12:00 - 12:30 p.m. Medal Presentation



### Biathlon

Grey Mountain  
1:00 p.m. M 9 km sprint & W. 6 km sprint



### Curling - Women

Mt. McIntyre  
2:00 p.m. ON - NB



### Hockey - Men

Takhini Arena  
3:30 p.m. ON vs MAN



### Ringette

Canada Games Centre  
1:00 p.m. ON vs. QC



### Freestyle Skiing

Mt. Sima  
10:15 - 12:15 p.m. Moguls Qualifications  
1:30 - 2:30 p.m. Moguls Finals



### Long Track Speed Skating

FH Collins High School  
1:00 p.m. Men's 1500m  
2:00 p.m. Final - Ladies 1000m



### Short Track Speed Skating

Canada Games Centre  
11:40 a.m. Preliminary 500m M/W  
5:30 - 7:10 p.m. Finals M/W 500m  
7:30 - 8:00 p.m. Preliminary Men 3000m Relay  
8:00 p.m. Awards



## Tomorrow's Weather Report

### Monday

Periods of light snow. Wind up to 15 km/h. High minus 19. Cold wind chill minus 35. Risk of frostbite.

### Monday Night

Periods of light snow. Wind up to 15 km/h. Low minus 24. Cold wind chill minus 33. Risk of frostbite.

Sunrise: 8:13

Sunset: 18:13

### Healthy Habits

You are living in close quarters with many other people and it's possible viruses could spread. We're told by medical experts that sneezing is the worst carrier of germs, so we encourage you to keep Kleenex handy and cover your face when you sneeze. You also need to wash and sanitize your hands frequently.

### Today's Deep Thought

A good hockey player plays where the puck is. A great hockey player plays where the puck is going to be.

*Wayne Gretzky*

### Team Ontario Mission Office

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