

Dog Sledding – Definitely not for the wimpy!

The Team Ontario Synchro Team took advantage of a bright, beautiful day yesterday to take in a Dog Sled excursion. If you decide to take in this uniquely Canadian activity, dress warmly! Dressing in layers with wool socks is the best way to stay warm. The Dog Sled company will provide you with 'bunny boots', extra ski pants or neck warmers if needed.



Once we were prepared for the elements, we got a tutorial from the staff to learn sled dog etiquette and how to drive a sled safely and talk to your team of amazing dogs! The dogs are extremely affectionate and excited to hit the trail. The guide led on a snow machine and with a whistle and slack on the guide rope, the teams were off! We were amazed at the strength of these lean teams of five dogs to be able to pull two adults and a sleigh. As we tried to keep the teams in line and spaced so that the harnesses didn't tangle, we were

encouraged to use a brake located in the middle of the skis. At one point as we applied the brake, all five dogs gave me the 'skunk eye' for slowing down their stride.

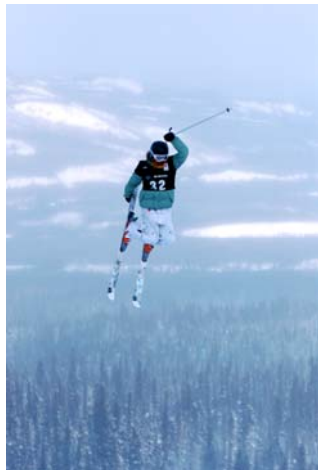


The trip went by all too fast. At the end of the trip, there were dog treats and big pats all around. A huge thank you to Muktuk tours for providing this Ontario team with an experience of a lifetime!

Another group, Team Ontario Shooters, also ventured out to become mushers for a day. Coach Patrick Haynes graciously submitted these great photos and a video of their Yukon adventure. Thanks Patrick!

Athlete's Corner

With just 2 days left the 2007 Canada Winter Games is proving to be more than I ever could have imagined. Six months ago, the Games were on my mind at the start of the competitive season, but it was not until one month ago that the anticipation and excitement became a reality. Every day I am surprised by the extent of this event, meeting new athletes around every corner. I knew that this competition is set far apart from the others, but it was not until the first medals ceremony that I realized the importance of representing my province in the games.



By a Team Ontario Freestyle Athlete

Chef's Corner

Another great day of competition! Congratulations to our athletes, coaches and managers for some outstanding performances. As well, to all family, friends and supporters of Team Ontario, your support is truly appreciated. It makes a huge difference to our teams! We're getting close to the end of week one so keep up the great work.



Blair McIntosh
Chef de Mission

Congratulations to host team Yukon and first time medalist Nunavut in Judo!



The women's curling team got the chance to meet Olympic gold medalist Russ Howard after their game with NWT. Russ was also on hand to watch his daughter Ashley who is the skip of the New Brunswick women's team.



Team Ontario plays Team BC this morning. Win or lose we have made the playoffs. The afternoon session will feature semi-final action against Quebec or Alberta.



Name the Team Ontario "Fair Play" mascot and win a valuable prize!

Our little fuzzy friend symbolizes fair play and good sportsmanship within Team Ontario but he remains nameless at the moment. The Academy Awards has the Oscar and our little guy needs a real name. Please send your suggestion to the mission office or by email: cg2007.teamon@gmail.com

Team Ontario Medal Count

13

11

18

Team Ontario Sport Shorts

Wednesday's results:

Archery

Bronze – Andrew Fagan, men's individual compound
Bronze – J.D. Burnes, men's individual recurve



Badminton

ON 5 NS 0
ON 5 NL 0

Biathlon

5th place junior male relay
6th place junior female relay



Curling – Women's

ON 14 NT 0

Judo

Silver: Nedjo Sarenac, Adriana Fierastrau, Jakub Graczyk
Bronze: Chelcie Doherty, Stephanie Lampman, Yacinta Xuan



Short Track Speed Skating

Gold – Nicholas Bean, 1000m short track
Silver – Ivanie Blondin, 1000m short track

Long Track Speed Skating

100m male
4th Richard MacLennan
10th Patrick Marsh
Silver – Team pursuit female
4th – Team pursuit male



Men's Hockey

ON 4 BC 3

Ringette

ON 5 MB 4
Ontario will go for gold!

Shooting

Silver – Ladies' team rifle
Bronze – Men's team rifle



Snowboarding

Half Pipe female
8th Kerry Mendelsohn
10th Katrina Couch
Half pipe male



Team Ontario Men's hockey team celebrate an overtime goal to advance to Friday's gold medal game against Manitoba. Anthony Nigro scored 14 seconds into the overtime period. Congratulations team and good luck!

Team Ontario Human Rights Advisors

(available 24 hours a day)
Christine Craig - 334-9031
Herb Gray - 334-9018

What's On Today

Archery – Porter Creek Secondary School
9:00 am Compound team male and female
3:00 pm Recurve team male and female



Badminton – CGC Fieldhouse
9:00 am Team Competition mix BC vs. Ontario



Curling – Women's – Mt. McIntyre Rec Centre
8:30 am Manitoba vs. Ontario



Freestyle Skiing – Mt. Sima
1:30 pm Dual Moguls Male and Female



Ringette – Takhini Arena
2 pm Gold Medal Game Ontario vs. Alberta



Shooting – Vanier Catholic School
8:30 am Individual Air Pistol Male and Female



Speed Skating Short Track – CGC
1:40 pm 3000m Male and Female finals
4:50 pm 300m Male and Female relays



Synchronized Swimming – CGC
9:25 am duet finals
5:25 pm team finals



Inuit Games Competition – F.H. Collins School
1:00 pm One foot high kick - Female
3:00 pm One foot high kick - Male
5:00 pm Knuckle hop - Male

2007 Canada Winter Games Cultural Festival

At the Yukon Arts Centre:

7:00 pm
Kim Barlow
Kate Weekes
The Fits

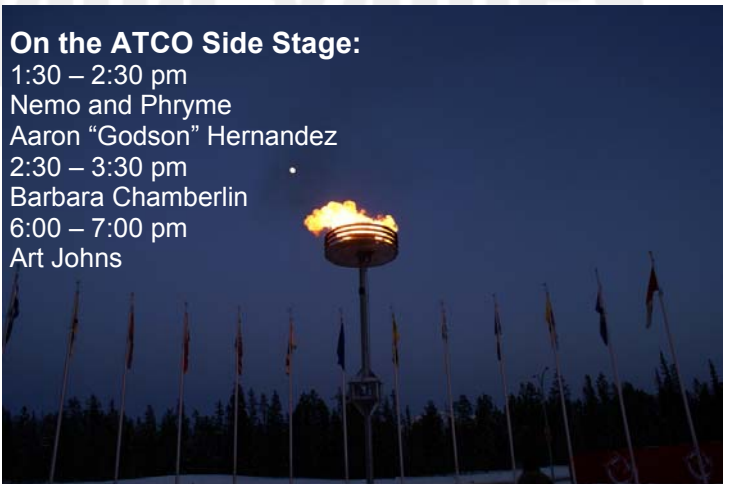
On the ATCO Main Stage:

12:00 – 1:30 pm
Kate Weekes
Northern Ballet Company
Steve Slade
4:30 – 6:00 pm
Nicole Edwards Sings Swing
Nunavut Floor Masters
The Big Band
7:00 – 10:00 pm
Leela Gilday
Arviat Traditional Choir
Manfred Janssen
Gerald Antoine
Serena Ryder



On the ATCO Side Stage:

1:30 – 2:30 pm
Nemo and Phryme
Aaron "Godson" Hernandez
2:30 – 3:30 pm
Barbara Chamberlin
6:00 – 7:00 pm
Art Johns



Today's Weather Report

Cloudy periods, low of -32, high of -24.
Thursday evening light snow.
Sunrise 8:00 am
Sunset 6:26 pm